

# Spiritual Health Check | Members Only



Please Print Clearly

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ DATE: \_\_\_/\_\_\_/\_\_\_

Answer each question to the best of your knowledge.

If you are unsure of how to answer a question, please leave it blank.

*Disclaimer:* This information is kept confidential between you, your D3 Group Leader, and the Shepherding Elders.

## SHARE

### Share Your Life

1. **Have you been baptized as a believer (circle one)? If so, at what age were you baptized?**

YES          NO          NOT SURE          AGE AT BAPTISM: \_\_\_\_\_

2. **Do you talk to others about Jesus (circle one)?**

NEVER          SELDOM          SOMETIMES          OFTEN

### Share Truth

3. **Have you ever met with a Spiritual Parent (someone of the same gender who can disciple you) at Bent Tree (circle one)? If so, what is their name?**

YES          NO          NAME OF SPIRITUAL PARENT: \_\_\_\_\_

4. **Have you completed a study of the fundamentals of the Christian faith, such as the "All In" Booklet? If so, briefly describe.**

\_\_\_\_\_

### Start New Habits

5. **Do you read the Bible daily using a Bible Reading Plan?**

NEVER          SELDOM          SOMETIMES          OFTEN

6. **How often do you attend Sunday Services at Bent Tree?**

A FEW TIMES A YEAR          ONCE A MONTH          2-3 TIMES A MONTH          EVERY WEEK

# CONNECT

## Connect to God

**7. Are you meeting regularly with a Spiritual Parent (someone of the same gender who disciples you) at Bent Tree? If so, who is it and how often do you meet?**

YES      NO      NAME OF SPIRITUAL PARENT: \_\_\_\_\_

HOW OFTEN DO YOU MEET: \_\_\_\_\_

**8. How often do you pray?**

VERY RARELY      SELDOM      ONCE A DAY      SEVERAL TIMES A DAY

## Connect to Purpose

**9. Have you attended *Starting Point*? If so, in what year?**

YES      NO      YEAR: \_\_\_\_\_

**10. Have you completed the MGM Assessment? If so, what are your top 2 gifts?**

Bold Proclaimer | Relentless Server | Researching Teacher | Enthusiastic Encourager | Generous Contributor | Diligent Leader | Cheerful Mercy

YES      NO      TOP TWO GIFTS: \_\_\_\_\_

\_\_\_\_\_

**11. On a scale of 1-10, how would you rate your level of understanding of the Bible (Old & New Testaments)? (Circle One)**

1      2      3      4      5      6      7      8      9      10

## Connect to People

**12. Have you turned in your Membership Covenant AND the Group/Team Selection Form?**

MEMBERSHIP COVENANT:      YES      NO

# SERVE

## Prepared for Serving

**13. Have you attended Basic Training?**

YES      NO      NOT SURE

**14. Have you joined a serving team? If so, which one?**

YES      NO      TEAM: \_\_\_\_\_

## Equipped for Serving

**15. If you are serving, have you completed your team's training for your serving role?**

YES      NO      NOT SURE

**16. If you are serving, how often do you serve?**

SELDOM      ONCE A MONTH      2-3 TIMES A MONTH      EVERY WEEK

## Inspired to Serve

**17. How often do you attend Quarterly Team Meetings?**

NEVER      SOMETIMES      EVERY QUARTER

**18. Have you attended a Bent Tree Vision Event (Fall Members Only Night, etc.)? If so, when?**

YES      NO      YEAR: \_\_\_\_\_

# DISCIPLE

## Trained to Disciple

**19. Have you ever attended a Bent Tree Discipleship Training Event (D3 Conference, etc.)? If so, which was the last one you attended?**

YES      NO      NAME OF EVENT: \_\_\_\_\_

**20. Have you led someone to Christ? If so, please describe the most recent instance.**

YES      NO

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## Discipleship 1-on-1

**21. Have you led someone through a study of the fundamentals of the Christian faith, such as the "All In" Booklet? If so, who and when was the last time?**

YES      NO      WHO & WHEN? \_\_\_\_\_

**22. Are you actively discipling someone? If so, who and how often do you meet?**

YES      NO      WHO? \_\_\_\_\_

HOW OFTEN? \_\_\_\_\_

**23. If you have children at home, do you actively disciple them? If so, please explain.**

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## Go and Make Disciples

**24. Are you leading or co-leading a D3 Group or Serving Team at Bent Tree?**

YES

NO

TEAM: \_\_\_\_\_

**Reflect:** Using the chart below, which *one-time* steps of Bent Tree’s Discipleship Pathway are you missing? Which *ongoing* steps have you not practiced in a while?

# Bent Tree Discipleship Pathway

★=ONE-TIME STEPS

SHARE →	CONNECT →	SERVE →	DISCIPLE
<b>1) Share Your Life</b> <input type="checkbox"/> Get Baptized★ <input type="checkbox"/> Tell Friends & Family about Jesus	<b>4) Connect to God</b> <input type="checkbox"/> Develop Relationship with a Spiritual Parent <input type="checkbox"/> Practice Prayer	<b>7) Prepare to Serve</b> <input type="checkbox"/> Attend Basic Training★ <input type="checkbox"/> Apprentice with a Team★	<b>10) Trained to Disciple</b> <input type="checkbox"/> Attend Bent Tree Discipleship Training Events <input type="checkbox"/> Lead Someone to Christ
<b>2) Share Truth</b> <input type="checkbox"/> Meet with a Spiritual Parent <input type="checkbox"/> Study the “All In” Booklet with a Spiritual Parent★	<b>5) Connect to Purpose</b> <input type="checkbox"/> Attend <i>Starting Point</i> ★ <input type="checkbox"/> Take the MGM Assessment★ <input type="checkbox"/> Dig Deeper with Biblical Studies	<b>8) Equipped for Serving</b> <input type="checkbox"/> Complete Team Training★ <input type="checkbox"/> Serve Regularly	<b>11) Discipleship 1-on-1</b> <input type="checkbox"/> Lead Someone through the “All In” Booklet <input type="checkbox"/> Disciple Someone
<b>3) Start New Habits</b> <input type="checkbox"/> Start Bible Reading Plan <input type="checkbox"/> Attend Services Weekly	<b>6) Connect to People</b> <input type="checkbox"/> Become a Member★ <input type="checkbox"/> Join and Attend a D3 Group <input type="checkbox"/> Become a Base 10 Giver	<b>9) Inspired to Serve</b> <input type="checkbox"/> Attend Quarterly Team Meetings <input type="checkbox"/> Attend Bent Tree Vision Events	<b>12) Go and Make Disciples</b> <input type="checkbox"/> Lead or Co-Lead a D3 Group <input type="checkbox"/> Continue Sharing, Connecting, Serving, and Discipling

Remember, completing steps does not necessarily mean you are becoming more Spiritually Mature! These are just practical next steps that can help you stay focused on continuing to grow as a disciple. The goal of this pathway is to help you become the disciple-making disciple that God designed you to be.

Shepherding Elders will help guide every Bent Tree Member through their unique pathway. They are always available to help by emailing [elders@benttreechurch.com](mailto:elders@benttreechurch.com).