

Your Story Worksheet

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This worksheet helps you share a short story (3–4 minutes) about how Jesus has changed your life—not your personal testimony of how you became a Christian, but a fleshly character trait that has been transformed through a relationship with Jesus.

You'll end up with 3 or more versions of “Your Story,” each one focused on a different area where God has worked in your life.

Step 1: Identify Areas God Has Changed

Think about traits, attitudes, or habits that have changed since you became a Christian. (If you came to faith at a young age, think about ways God is still transforming you.)

Need help? Ask old friends or family—they might remember what you were like before!

List 5–6 traits:

1. _____
 2. _____
 3. _____
 4. _____
 5. _____
 6. _____
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Step 2: Use This Simple Outline for “Your Story”

Use the same outline for each trait you listed above to write a short 3–4 minute story. Here's the format:

1. **What were you like before?**
(A brief description of your life before following Jesus)

2. **What was a fleshly trait you struggled with?**

3. **What's an example of that trait in your life?**

(A real-life moment that shows this trait)

4. **When did you come to know Jesus personally?**

(Briefly share your salvation experience)

5. **How has Jesus changed that trait?**

(What spiritual transformation has taken place?)

6. **What's an example of that transformation?**

(A real-life moment that shows the change)

Make a copy of this page for each trait you want to turn into a version of "Your Story." Then, let the Holy Spirit guide you in sharing the right story at the right time.

Let your story show others what Jesus can do!