Prayer Guide | Bent Tree Church

The Lord's Prayer | Matthew 6:9-13 (CSB)

[9] *"Therefore, you should pray like this: Our Father in heaven, your name be honored as holy.*
[10] *Your kingdom come. Your will be done on earth as it is in heaven.* [11] *Give us today our daily bread.* [12] *And forgive us our debts, as we also have forgiven our debtors.* [13] *And do not bring us into temptation, but deliver us from the evil one.*

The Lord's Prayer is a guide to pray like Jesus and we recommend incorporating these areas into your everyday prayer life. Following this guideline, let's break down these helpful steps you can follow when praying:

1. **Adoration and praise** - First, praise God for who he is.)

> *"Our Father in heaven, your name be honored as holy."*

2. **Recognize God's will and sovereignty** - Acknowledge God's will so that as you pray for your needs and desires to be met, He guides your heart to pray for His will to be done instead of yours.

> *"Your kingdom come. Your will be done on earth as it is in heaven."*

3. **Express your needs and don't forget to pray for others**

> *"Give us today our daily bread."*

4. . **Repent and ask for forgiveness**- Ask God to help you turn from your sin, and also to help you forgive others.

> *"And forgive us our debts, as we also have forgiven our debtors."*

5. **Ask God to keep you from temptation** - In this step, ask God to keep you from temptation and protect you from the plans of the enemy.

> *"And do not bring us into temptation, but deliver us from the evil one."*

6. **Close with praise and adoration** - Thank Him for what He's doing in your life!

Helpful Tips to Start Praying:

Prayer doesn't have to follow a particular format. Prayers can be a short sentence, a tradition before meals and bedtime, or an intentional hour spent in conversation with your Heavenly Father (and more). Pray often and take time to listen to the Lord as you pray. Ask the Holy Spirit to guide your prayers and show you what to pray for. A great practice is to start a prayer journal to keep track of how God answers your prayers.